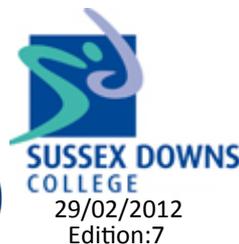


PE & SPORT @ LEWES

Fortnight Round-up



Sport Academy Co-ordinator: Chris Turner
Sports Apprentice: Dan Tibbles

Introduction Another couple of weeks have now passed in the sports department and saying that it has been a “*hectic*” few weeks for our Academy students and coaches would be an understatement! Frozen and snow covered pitches added to the mayhem resulting in cancelled fixtures which added to our already demanding schedule. The students spent the first week after half-term continuing work on their City and Guilds coaching qualification and despite the disruptions there are a number of important match reports to publish as we start to enter the “*business end*” of the season. Thank you for your continued support— enjoy the read!!!

Mixed Hockey

Men's Hockey vs. Barton-Peveril (A) : 2-15 (W)

The Men's Hockey Team had a long journey to Hampshire on their hands as they played Barton-Peveril in the British Colleges Cup. This was the first game for the hockey team since the end of November, and gave them a chance to apply their hard work from training. SDC dominated throughout the match securing their place in the next round with a 15–2 win. Scorers included; Nicholi Parrington-Berski (3), Matt Hickman (2), Chris Page (2), Oliver Baxter (2), Charlie Branch (2) Alex Tapping (2) and finally Alex Lloyd and Chris Whiting both securing a goal each. It was difficult to select a man of the match performance as all members of the team played their part in securing a place for SDC in the Quarter-Finals against Longroad College. This game will be played at Lewes Hockey Club on the 14th March at 14.00. The team will also be competing in the Men's Sussex 6's competition on the 29th February at Eastbourne College. Good luck for both competitions!

Men's

Rugby

Men's 1st Team vs. Chichester (A) : 7-22 (W)
Men's 1st Team vs. Godalming (H): 15-8 (W)

On Wednesday 25th January, the 1st team played Chichester in the Sussex Cup Quarter Final. After beating Chichester in the BCS cup the previous week, the team were on a high and this confidence showed during this game. SDC ended up winning 22-7 with a convincing performance throughout. The pick of the tries came from Harry Sperring with a great individual try from the 22. Man of the match goes to Liam Olive for another fantastic performance - well done Liam!



SDC 1st Team vs. Godalming

On the Wednesday after half-term, the Men's Rugby Academy 1st team played Godalming in the last 16 of the BCS Cup. This was always going to be a tough encounter as Godalming have proven to be difficult opponents in the past, knocking us out of this competition last year. The game started positively for SDC and the team managed to score two tries in the first half both coming from Judd Newell; one was a fantastic individual effort and the other came from a superb forwards effort with a 20 metre lineout drive. With the half-time score at 10-3, the game was anything but won. Godalming started the second half strongly but SDC dug deep with Alex Perks scoring a try from a well worked lineout move. Godalming then scored an opportunist try applying the pressure making the score 15-8 with 20 mins left. The team put the saying “*attack is the best form of defence*” into practice in the last quarter which led to a couple of nervy moments, but the team held Godalming out to win 15-8. This fantastic win puts SDC into the quarter finals of the cup. Man of the Match has to go to Joe Terry for the way in which he orchestrated the game and applied the right pressure at the right time on Godalming. The team play Away in the quarter final fixture on the 7th March —Good luck!

Women's Football

The women's football team have finished the season as runners up in the Sussex League and will now play Chichester in the Semi Final of the league play-off cup. Good luck to Rich and his team for this fixture. This league position is testament to the effort of the players in the academy and their coach Rich Seaman—well done!

Men's Football

Men's Football vs. Worthing (H) : 2-4 (L)

On Wednesday 22nd February, SDC Lewes were hosts to Worthing in the Semi-Final of the Sussex Cup. This was always going to be a tough fixture for the home side but SDC were up for the challenge. With the game underway, there were some great passages of play by both teams and SDC came close to taking the lead. Halfway through the first half, SDC scored to go 1-0 up courtesy of Josh Fawssett hammering home after being set up by Will Marsh. Shortly after the goal, Worthing scored from the SDC keepers initial save. In the dying moments of the first half, Worthing grabbed another goal to take the lead into the break. After the coach's team talk, shortly after the start of the second half Callum Ridley scored a cracking goal to level the score line. However, Worthing scored another two goals in the second half to win the game four goals to two. The current SDC Men's Football Team were the first to ever progress this far into the cup competition. Despite the defeat, it was a major achievement to reach this stage so a big well done to the lads!



Men's Semi-Final vs. Worthing

Women's

Netball

Women's Netball 2nd's vs. Moira House (A): 36-16 (L)
Women's Netball 2nd's vs. Steyning (H): 31-20 (W)
Women's Netball 2nd's vs. BHASVIC (A): 30-10 (L)

On the 1st February the Women's second team 'Steel' took on Moira House away in the League. This was always going to be a tough game for the SDC side with strong opponents. SDC Lewes defended as strongly as they could throughout the match but were unable to fend off all attacks from Moira House. All the points came from goal shooter and goal attacker; Ann Grace-Fogerty and Georgia Harrison who scored some great shots. The final score was a 36-16 defeat to SDC Lewes. The woman of the match performance was awarded to Kirsten Brightiff who put in 100% effort, contributing throughout the match with effective passes and great communication. Well done Kirsten!

Before breaking up for half term, SDC Steel played in the League against Steyning at Wave Leisure Centre. With the game underway there was great movement towards, and around the ball by SDC. This created many opportunities for SDC with excellent shooting throughout, courtesy of Ann Grace-Fogerty and Rhianon Osborne. This was a fixture with strong team play by SDC which resulted in an assertive display dominating the court. The whole team played well together to win the game 31-20. The woman of the match performance was awarded to Ann Grace-Fogerty who was very disciplined over the four quarters with great attacking play resulting in many points. Well done Ann!

On Wednesday 22nd February, SDC Lewes played visitors to BHASVIC in the League. This saw an unfortunate defeat for the SDC side, who on many occasions applied pressure on BHASVIC with high tempo play in the middle of the court. All points once again came from goal shooter and goal attacker Ann Grace-Fogerty and Rhianon Osborne. SDC just lacked slight forcefulness to level out the game more. The woman of the match award went to Jenna Mackenzie. This was for her great determination over the duration with high discipline and highly motivation throughout, well done Jenna!