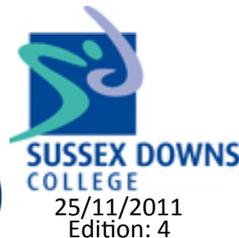


# PE & SPORT @ LEWES

## Fortnight Round-up



Sport Academy Co-ordinator: Chris Turner  
Sports Apprentice: Dan Tibbles

**Introduction** All the teams have been busy competing in various fixtures and tournaments for their respective academies. As well as competing in matches on a Wednesday afternoon, teams have been attending British Colleges tournaments at Surrey Sports Park and Southampton Goals. This is a great experience for the all the academy teams, giving a superb opportunity for them to battle against teams that they would not normally compete against. With only the rugby team competing next week in the British Colleges Surrey Sports Park tournament, the rest of the academies have a break until a busy couple of weeks leading up to the Christmas break. Read on to see what has been happening over the last two weeks.....

### **Men`s Football**

**Men`s Football vs BHASVIC (A): 0- 4 (L)**

The men`s football team welcomed BHASVIC in the last 32 of the ESFA Cup. A tie against Reigate Sports College was in place for the winners. After a slow start by both teams BHASVIC gained the advantage after poor defending from a long throw resulting in an Own Goal. Just before the break SDC went 2—0 down from another long throw and a free header for their striker. A more disciplined and up tempo display in the second half caused BHASVIC a few problems however SDC conceded 2 late goals to see their cup run come to an end. Coach Neil Baker said, "A disappointing result but the league is now our priority".

### **Women`s Football**

**W Football: BCS Regional 1/4 finalists**

On the Friday 18th November the women`s football team travelled up to Southampton Goals to compete in the British colleges regional Championship. It was a great day out for the girls with immense competition. The team managed to get through to the quarter finals of the competition before being knocked out by Itchen College in a close-run quarter-final. The team was one of the last two representatives for the Sussex area left at this stage of the competition alongside Worthing. Coach Rich Seaman commented "It was a fantastic effort from all of the girls—they really progressed as the event went on. However, our priority is now the league and we are aiming to expand on our good run of form".

### **Women`s**

**1st Team vs Chichester (H): 52-12 (W)**

**2nd Team vs Worthing (A): 15- 26 (L)**

**1st Team vs Central Sussex (A): 39 –21 (W)**

### **Netball**



1st team beating Chichester at home

The winning streak continued for the first team when they played hosts to Chichester. In this British Colleges Cup fixture which took place the day after the BCS regional tournament was the first time the girls played in their new found combination. The girls were able to maintain their lead through their persistence and despite their comfortable lead, they continued to play well. The whole team piled on the pressure in defence which paid off. The women of the match went to Hannah Thomas for a great overall performance, well done Hannah!

The women`s netball second team played in the Sussex Cup against opponents Worthing. This was the second team`s first defeat of the season, in which they lost 26-15. It was a slow start for SDC who picked up on their performance, however it was not enough when the final whistle blew. The women of the match performance went to Catherine Lawrence for her great interceptions and pressure on the opponents, well done Catherine!

On Wednesday 23rd November SDC Lewes first team played against Central Sussex in the League. At the beginning of the match it was very much equal between the two sides. However after half time, and a tactical change in the line up the girls really started to put on the pressure. This paid off with the score ending 39-21, which is another great result for the team. The women of the match performance was awarded to Rachel Dudson for giving it one hundred per cent throughout the duration and playing some great netball, well done Rachel!

### **Men`s Rugby**

**Men`s Rugby vs Collyers (A): 21-12 (L)**

On Wednesday the 16th of November the first team Men`s Rugby Academy travelled to local rivals Collyers in a Daily Mail third round vase game. With a few of the senior players missing due to County commitments this was never going to be an easy task. Un-like in recent weeks the squad struggled to play consistently throughout the game with the opposition providing a solid defence. Although this was a hard defeat to except as getting far in this competition was one of our main aims this season the team showed a high level of courage and motivation to get back into the game. The team will now turn their focus to the BCS regional 10`s competition which is next Tuesday and their British Colleges second round cup game the following week.

### **Mixed Hockey**

**Men`s Hockey: BCS Reginal runners up  
Men`s Hockey vs Chichester College (A): 6– 5 (L)**

On Tuesday 15th November the hockey team competed in the BCS regional hockey tournament. This was the first competition for the hockey team this year so they were up for the challenge. They made there way trough the competition winning their group convincingly and going through the quarter and semi finals without a challenge. They faced Peter Symonds in the final (re-run of last years final) but unfortunately just missed out on the victory losing 1-0. It was a great day out for the team who represented the College well narrowly missing out on a weekend in Bath representing the South-East. Nicholi Parrington-Berski captained the team well throughout the competition and lead by example on the pitch. On Wednesday the 23rd of November the men`s hockey team played Chichester College at Chichester in a friendly fixture. It was an open game, with lots of goal scoring chances. The boys played well but eventually lost 6-5. Man of the match has to go to Tom Thornton for his superb goalkeeping performance.



The men`s hockey team at Surrey Sports Park

### **What is going on in the sport department.....**

BTEC Sport Diploma Students next week will be attending a trip to the new Brighton and Hove Albion stadium, the Amex, as part of their Sport as a Business BTEC unit. Also both second year A2 PE and BTEC Sport students are involved in a talk with Chichester University who are coming to college to discuss HE opportunities for out students at their university.