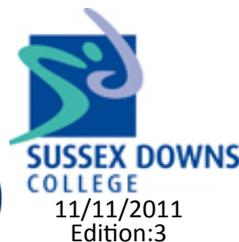


# PE & SPORT @ LEWES

## Fortnight Round-up



Sport Academy Co-ordinator: Chris Turner  
Sports Apprentice: Dan Tibbles

**Introduction** Half term has now passed and it has been a couple of busy weeks for the students and coaches on our sports academies. The sport academy teams have been busy competing in various leagues and important cup games for their respective academies. Fixtures are published on the sport academy noticeboard every week, it would be great to see you supporting our teams on a Wednesday afternoon. We have had a **CLEAN SWEEP** of victories for all sports over the last two weeks since half-term, read on to find out more about the best two weeks yet this year!!!

### Men`s Football

Men`s Football vs Ringmer (A) : 3-1 (Win)  
Men`s Football Vs Beacon (A) : 2-1 (Win)

Another busy couple of weeks for men`s football at Lewes, with the first fixture being an away league tie at league newcomers Ringmer. SDC Lewes started the game brightly and kept possession with confidence. After dominating the first half and squandering a hatful of chances SDC went in at half time all square. After a tactical re-shuffle and the introduction of another striker, SDC soon upped the tempo and a bombardment on the oppositions goal pursued with Josh Fawsett bagging himself a second half hat-trick.

SDC travelled to Beacon Community College in the Second Round of the ESFA Cup after beating Brighton College in the first Round. Playing on a large boggy pitch Beacon College dominated the first half and it was only for the efforts of goalkeeper Harry Stewart pulling off a string of fine saves seeing SDC only finish the half 1—0 down. Again, a much improved performance in the second half meant that SDC started to attack their back four and began testing their keeper. Man of the match Charlie Duncan popped up from midfield to grab himself two well taken goals. Coach Neil Baker, said, *‘It was a game of two halves’!*

### Women`s Football

Women`s Football vs Chichester (H) : 18-0 (Win)

The only women`s fixture over the last two weeks was at home to opponents Chichester in a league match. This was a game packed with goals across the whole 90 minutes scoring 18 in total with the majority of the team scoring. SDC were rarely pressurised by Chichester allowing them to secure the points and many goals. The women`s team currently stand second place within the League table. This fixture was a great opportunity for the team to build confidence and put their skills into practice from all their hard work in training.



Women`s Football beating Chichester at home 18-0

### Women`s Netball

Women`s Netball vs Steyning (H) : 34-24 (Win)  
Women`s Netball vs Varndean (H) : 34-9 (Win)

The netball second team carried on their winning streak beating Steyning 34-24 at home in a league/cup double header on the 2nd of November. SDC worked great as a team and there positive drives were excellent. The women of the match performance was awarded to Amy Mansbridge, this was due to her great interceptions, positive drives and for her good gain in space by great dodging, well done Amy!

On Wednesday the 9th November the 1st team played against Varndean in the league at Lewes Leisure Centre. The first team were strong throughout with accurate passes and shooting. The women of the match performance went to Megan Thomas as she was extremely focussed throughout the game. She was dynamic, assertive and made it very difficult for the opponents to shoot, well done Megan!

### Men`s Rugby

Men`s Rugby vs Central Sussex (H) : 24-12 (Win)  
Men`s Rugby vs Merristwood (A) : 39-0 (Win)

On Wednesday the 2nd of November the men`s Rugby Academy second team played hosts to Central Sussex in the Sussex League. This was the first home game of the season for either of the first or second team and they set the standard high by beating Central Sussex 24-12. Chris Neil and Judd Newell were amongst the players scoring tries for the team. The man of the match performance went to Austin Hogben for his high work rate around the park and taking the ball into contact well, well done Austin! This was a great start to the season and a good start for those student who were playing in their first game for SDC Lewes Rugby Academy.



Second team playing at home against Central Sussex

Wednesday the 9th of November saw the Rugby Academy first team play Merristwood College away in a British Colleges Round 1 Cup game. Despite the long journey the players performed extremely well winning the game 39-0. The game started well with three quick tries scored by Louighy Salmon (2) and Freddie Frith. The rest of the first half was a bit scrappy with patches of good play which was lead well by Alex Perks, Joe Terry and Oscar Lacey in the backs. In the second half the team started to follow our normal patterns of play scoring four tries throughout the half with the best pick going to Joe Terry who side-stepped through the opposition from the 22 ending up scoring under the posts. Rugby academy coach Chris Turner, said after the game, *‘This cup game was hard to prepare for as we had not played this team before. All the players played extremely well and we will be using the momentum gained into our Daily Mail clash with Collyers next Wednesday. Myself, Gareth and the team have high aspirations this year and we have a realistic chance of reaching the later stages if not more in both the BCS cup and Daily Mail vase.’*

### Mixed Hockey

On the 26th October Nicholi Parrington-Berski and Abby Skinner were involved in the U18 Futures Cup (regional assessment competition) representing the male and female Saxon Tigers for the South region. They both played games for their region over for three day camp at Cannock Hockey Club with Nicholi Parrington-Berski`s Men`s team winning the U18 futures boys cup and Abby Skinner`s Saxon Tigers team coming runner up in the girls futures cup. From this assessment they find out if they have got into the National U18 teams. Congratulations to both players for their performance at this assessment and good luck to them both! Good luck also goes to the hockey men`s team who are travelling to Aldershot on Tuesday 15th November to compete in the BCS regional tournament. The team were runners up in this competition last year and will be looking to win this tournament this year which will seem them attend the national finals at Bath University if they are successful.