

# PE & SPORT @ LEWES Fortnight Round-up

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**Introduction** Welcome to the fifteenth and festive edition of the 'PE & Sport @ Lewes Fortnight Round-up'. It has been a very busy term for the Sport Academy students and staff and there are lots of fixtures to report back to you on. The Sport Academies continue to exceed expectations and are on track to match and hopefully eclipse the success of last season. The Lewes PE and Sport Academy department would like to wish all of our readers a very Merry Christmas and a Happy New Year!!! Please read on to see how the teams have been getting on .....

## Men`s

### Football

Sussex Cup—South Coast Hastings 1—6 SDC Lewes  
BCS Cup R1— SDC Lewes 4—2 Reigate  
Sussex Cup— SDC Lewes 5—0 Bexhill

The men`s football academy kicked off with a successful start in the Sussex Knock-Out Cup beating South Coast College by six goals to one. This was a routine performance for SDC who were comfortably in control, maintaining the lead throughout the game. Progressing through to the second round, SDC hosted Bexhill who last year won the final of the Knock-Out Cup 5-1. This game saw a change in events with SDC taking the win and progressing through to the third round. It was a convincing victory with an excellent all-round performance by the team showing good progress. Goals were scored by Theo Baker, Jarvis Kelly (2) and Ian Robinson (2), who scored one with a brilliantly controlled left footed volley. Ian was awarded man of the match for his fantastic volley and attacking threat throughout the 90 minutes.



SDC in action against Bexhill

SDC played hosts to Reigate College in the first round of the ESFA Cup. It was the hosts who started on the back foot going two goals down in the first half giving themselves a major task in the second period. SDC bolstered their play making a great come back by scoring four goals to take themselves through to the next stage. The whole team showed great spirit to turn things around in the second half and achieving a well deserved win. The man of the match was awarded to Jarvis Kelly for his great input after coming on after thirty minutes when the team were 2-0 down to become a very influential player and changing the game. Well done Jarvis!

## Women`s

### Netball

BCS Cup R1— Worthing 32—36 SDC Lewes  
1st Team KO Cup R2— SDC Lewes 27—38 Bede`s

The 1st team progressed to the second round of the BCS Cup by beating Worthing College in a hard fought game. Worthing A side who are always consistently strong provided an intense game of netball from start to finish. There was a very close score-line throughout with the team using everything to maintain the lead. A great effort and performance from SDC who now face Amersham & Wycombe College in the next round. The player of the match was awarded to Abigail Freeborn and on this occasion the opposition Worthing selected SDC player Amy Webb as their player of the match, well done girls!

The 1st team were defeated thirty-eight points to twenty-seven in the 2nd round of the Sussex Knock-Out Cup at home to Bede`s. This was a tough game for SDC who kept the score even through out the first three-quarters with great work-rate and tempo. It was the final quarter where SDC slipped and allowed the visitors to increase the lead to book their place in the next round. A good performance from SDC who were unfortunate to concede as many in the final stages.

## Men`s

### Rugby

Natwest Cup R3- Bede`s 5—37 SDC Lewes  
BCS Cup R1— Godalming 12—67 SDC Lewes  
Natwest Cup R4— SDC Lewes 7—30 Skinners

It has been a very busy month for the Rugby Academy students with various cup games taking place. The U18 side reached the fourth round of the Natwest Cup beating St Bedes 37—7 in the third round. Unfortunately they went on to lose to a well drilled Skinners team at home in the fourth round which knocked them out of this competition. The U18 team`s focus will now turn to winning the Sussex Cup.

The U19`s team travelled to Godalming for the first round of the BCS Elite Cup. This was a re-match of the first BCS Elite League game of the season where SDC beat Godalming 24-0. This time the team put in a greater performance and won the fixture 67-12. Sussex Downs scored 11 tries in total with Henry Tagg, Chester Duff and Abe Brenan scoring two a piece and Judd Newell, Charles Butler, Henry Shiell, Josh Bradford and Austin Hogben scoring one try each. The best pick of the 11 team tries came from the impact substitute Josh Bradford. The score line illustrates just how much this group of players has come on since the start of the season and their aim is to win the remaining rugby competitions that they are in.

### STOP PRESS!!!

The SDC Rugby Academy have won the Regional British Colleges Sport Competition for the second year in a row. Read the New Year Edition of the Sport Academy Round-up for the full report!



Rugby Academy Student  
Henry Tagg—Getting Festive!!!

## Women`s

### Football

BCS Cup R1— SDC Lewes 9—3 Bexhill  
Women`s Football BCS 7-a-side

The women`s football team joined the rest of the sport academies by winning their first round of the British Colleges Cup at home to Bexhill College. This was a great all-round team performance by the girls with a total of nine goals scored. SDC were in the lead up until one moment when Bexhill made everything all square by equalising making the score 3-3. SDC reacted to this by scoring a further six goals to guarantee progression to the next round. The goals came courtesy of Summer Small, Phoebe Dier, Kerri Forshaw, Rachel Steer and Emma Johnson. Summer Small was awarded player of the match resulted her fantastic contribution to the game scoring a total of four goals!



Emma Johnson on the attack against Bexhill