

PE & SPORT @ LEWES

Fortnight Round-up



**SUSSEX
DOWNS
COLLEGE**

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Introduction - Welcome back to the fourteenth edition of the 'PE & Sport @ Lewes Fortnight Round-up'. We hope that you all had a great summer! Last year was our most successful year to date and both the players and coaches will be working hard to replicate and improve further on the impressive record of 2012/13 season summarised below. Please read on to see how the teams have started the year.....

2012/13 Season Summary — Looking back on the last academic year it can definitely be defined as the **most successful year** in the Sport Academies history which saw a total of **fifty one games played** with SDC **winning thirty four, drawing one and losing sixteen games**. The Women's Football Academy were runners up in **two finals**, The Sussex Cup Final at Lewes Football Club and The League Cup at Shoreham Football Club playing Worthing College and Chichester College respectively. The Men's Football Academy were also runners-up in their **two finals** to Bexhill College and City College in The League Cup Final and Sussex Cup Final. The Men's Rugby Academy competed and were victorious in the **British Colleges National Cup** beating Birmingham College 74-7 in the final and came **fifth** at the **National 10's weekend** at Bath representing the South East of England.



Men's Football

ESFA Cup R1 – SDC Lewes 12-5 SDC Eastbourne

The Men's Football Academy opened their campaign with a home fixture to SDC Eastbourne. This was a great opportunity for the first year players to impress and settle in together. The goals started coming through thick and fast in the first half with some great link up play between the side to get the early advantage. Some of the goals came courtesy of Adam Langridge and Dan Perry. It was much the same in the second half. However in the latter stages it was Lewes who let their guard down with Eastbourne more than happy to exploit the opportunity securing a further three goals. After receiving a "bye" in the second round, SDC now face Worthing at home.

Congratulations to both Harry Millar and Daniel Perry for being selected for the U18 Sussex Performance Squad. After attending trials alongside sixty other players from Colleges around Sussex, they both secured their places in the thirty one man squad. Dan Perry started for the team who played their first game on Friday 18th Oct at Ardingly College.



SDC Lewes attacking against SDC Eastbourne

Women's Football

ESFA Cup R1 – Godalming College 1-5 SDC Lewes
ESFA Cup R2 – SDC Lewes 3-4 Worthing College

After beating Godalming College in the first round SDC played hosts to Worthing, a side which not too long ago had beaten us in the Sussex Cup Final. The game soon got underway with SDC breaking the deadlock in the early stages. However, SDC conceded not long after as SDC were unable to prevent Worthing's response. Although conceding another, SDC were the better side in the first half securing a further two goals courtesy of Summer Small and some fine saves from Heather Bebb.

The second half proved to be very tight with very little opportunities for either side with SDC defending a precious lead. There was no change in the game until the latter stages with Worthing equalising and then in the dying moments securing the win and their place in the third round. An unfortunate and undeserved result for the home side but will now look to the first round of the British Colleges Cup against Bexhill College after half term.

Women's Netball

2nd Team League – SDC Lewes 31-13 Central Sussex H.H
2nd Team League – Collyers 9-34 SDC Lewes

The Women's Netball Academy have started off their season with two wins out of two by convincingly beating both Central Sussex and Collyers in division two. The first win for the second team came when playing home at Southdown Sports Club against Central Sussex College Haywards Heath. The game ended thirty one points to thirteen for SDC. Player of the match was awarded to both Olivia Soan and Abigail Freeborn. The next convincing win came the following week by beating Collyers away. Another solid performance from the team who now look forward to their first Cup fixture of the year against Imberhorne after half term. Player of the match was awarded to Charlotte Wells.

Nominated and attending the British Colleges Regional trials for netball are Rachel Noel and Rosie Sharp. See how they got on in the next edition.

Men's Rugby

Sussex 10's — Winners
BCS Elite League – Godalming 0 -24 SDC Lewes
Natwest Cup R1 – BHASVIC 8 -15 SDC Lewes

The Men's Rugby Academy have started the 2013/14 strongly with three wins. The three wins started by winning the Hove 10's tournament with a team consisting of mainly first years. The team then travelled to Godalming for their first ever BCS Elite League fixture which they won convincingly 24-0 with Henry Shiell putting in an early man of the match performance. The last of the three wins came with a televised game against local rival BHASVIC which the team made of mainly first years won 15-8 seeing the team progress to the next round of the National Natwest cup with many first years playing well in their first game for the college.



SDC Scrumming down against BHASVIC

The players nominated for the British Colleges Regional trials for rugby are; Judd Newell, Henry Shiell, Kieran Morris, George Montgomery and Will Hoare. Check out in a further edition to see how the players fared.