

PE & SPORT @ LEWES

Fortnight Round-up



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Introduction The Sport Academies have been severely affected by the adverse weather conditions that we have experienced since Christmas. However there have been some important fixtures since the Christmas holiday to report on. The Sport Academy teams would really appreciate your support whenever possible. Please see our Blog for the updated fixture schedule: <http://blogs.sussexdowns.ac.uk/sportlewes/>. Please read on to see how the teams have been getting on since the last edition and look out for future editions of the round-up with our cup final special edition due before Easter!!!

Women`s

Football

Sussex Cup SF vs Collyers (A): 0-12 (W)
League vs BHASVIC (H): 7-2 (W)

On the 6th February the Women`s Football team secured their place in the Sussex Cup Final by beating Collyers 0-12 away. This was the first fixture of the new year for the team who have been affected by very poor weather conditions. The score line was a reflection on how the game was played. Collyers were on the back foot throughout with SDC pressurising and always intent to add to the tally. The goal scorers were: Emma Johnson (3), Lauren Smith (6), Melissa Orme (3). The game resulted in an outstanding performance from SDC despite the poor pitch and weather conditions. The Player of the Match was awarded to Emma Johnson for her superb individual performance. She was also rewarded by a hat trick. Well done Emma! SDC now face a tough Worthing College side in the final.



SDC in action against BHASVIC

The final League fixture for the Women`s Football Academy was against BHASVIC shortly before half term and a vital three points were needed to secure their place in the League Final. With the game underway, both teams started off fairly even with equal possession and most of the play in the middle of the pitch until SDC broke the deadlock with a quick attack involving Emma Johnson and Heather Bebb on the right wing. SDC did not stay in the lead for long after a defensive error by the home side allowed BHASVIC to slip through and slot home a goal from close range. The remainder of the first period saw SDC secure two more goals and a 3-1 lead into the break. However, BHASVIC were still very much in the game. SDC started the second half dictating more of the play than the visitors, and Sarah Nash soon beat the keeper with a great goal into the top corner. The visitors still had some opportunities in attack, but with SDC becoming stronger in possession as the game progressed, this led to more goals for SDC who secured all three points. SDC now face Chichester in the League Final at Shoreham.

Men`s

Football

League Semi-Final vs Varndean (A): 1-2 (W)

SDC travelled away to Varndean on the 27th February in a bid to win the League Semi-Final. It was a tough 90 minutes for the two sides with the game initially starting off very even. SDC defended particularly well which enabled an attacking break on Varndean`s defence. Dan Perry made the most of the break with a well taken goal which was one on one with the keeper. This put SDC in the lead but the game stayed even through the remainder of the first period until the home side were rewarded with an equaliser headed in from a free kick. In the second half, SDC picked up their pace, showing a more dominant performance and controlling the play. Mid way through the second period SDC took the lead again with Dan Perry slotting home his second goal of the game from a quickly taken set piece. Further chances could have gone SDC`s way through Harry Millar who was unlucky not to convert his shots on goal. SDC won the match 2-1 and the team now face Bexhill in the League final at Shoreham FC.

Women`s

Netball

BCS plate vs Godalming (A): 32-39 (L)
1st Team League vs Moria House (H): 29-17 (W)

After the 1st team`s exit from the British Colleges Cup back in November, they were placed into the plate competition and faced Godalming away. This was a tough tie as Godalming have been strong opposition in the past. SDC started off as the slower side with some weak centre passes in the first quarter. In time, SDC gained confidence and strengthened with some much more assertive play which allowed vital points to be recovered. Godalming still pressing for a win, SDC worked as a unit driving forward looking for space resulting in a goal from Rosie Sharp. Another goal was scored by Nicola Young. The player of the match was awarded to Rachael Noel for her consistent interceptions and full commitment in every quarter. Well done Rachael!

The 1st team won another league game ,this time against Central Sussex College (Haywards Heath) at Wave Leisure. This was an intense game for the home side who went into the tie with new centre pass tactics which turned out to be very successful. Their play allowed dynamic and assertive runs by the attackers patiently feeding into the shooting circle. All goals came courtesy of the shooters Nicola Young and Rosie Sharp. SDC did a great job in maintaining their performance and sticking to the tactical plan resulted in a good win. The player of the match was awarded to Katy Lambert for her overall solid performance. Congratulations Katy!

Men`s Rugby

2nd Team League vs Angmering (A): 13-28 (W)
Sussex Schools Sevens Competition

On Wednesday 27th February, the Men`s Rugby Academy second team travelled to Angmering for a friendly match against Angmering`s first team. This was always going to be a tough fixture for Lewes and after twenty minutes, SDC were 13-0 down. However, the team rallied together and started to play how they train and ended up winning the fixture 28-13. There was a high level of determination displayed by all throughout the game with the pick of the tries coming from Seb Roberts who carved his way through a very tough Angmering defence. SDC`s other tries came from Kyle Paulsen, Will Hoare and Sam Risbridger with Tom Pitts successfully kicking all four conversions. Man of the match award went to Tom Pitts who had a solid performance at full back. SDC also entered the Sussex 6`s competition on Wednesday 27th February with a fairly inexperienced team consisting of both 1st and 2nd team players. Although SDC failed to win a game, the team improved from start to finish and managed to draw their last game of the tournament. This tournament provided a valuable experience for all.

Mixed Hockey

Sussex 11`s Tournament : Group Stages

SDC entered the Sussex Men`s 11-a-side hockey tournament on 5th February at Hurstpierpoint. With some inexperienced players involved this was always going to be a tough afternoon for SDC but every player got stuck in and represented the college well. The Sussex 11`s tournament was a really valuable experience for our Hockey Academy students who will hopefully take what they have learnt into the Sussex 6`s tournament. Player of the Tournament was Jamie Neill who had a solid afternoon in the SDC defence.



Men`s Hockey at Hurst