

PE & SPORT @ LEWES

Fortnight Round-up



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10/01/2013
Edition:12

Introduction Happy New Year!!! Welcome back, we hope that you all had a great Christmas and like us are looking forward to what 2013 has in store. As you can imagine, the last couple of weeks before we broke up for Christmas were a bit hectic so we have lots of big games to report on. We will continue to write our PE and Sport Fortnightly Round-ups in 2013 keeping you up-to-date with all the latest fixtures, results and news from the Sport Academies and PE department. We are hoping that 2013 will be one of our most successful years to date and I am sure you will join us in wishing our Sport Academy and Academic students all the best for the rest of the year. Please read the news reports below to find out how the teams have been getting on since the last edition.....

Women`s Football

**BCS Cup R3 vs Peter Symonds College (H): 2 – 2
(Lost 3 – 4 Pens)**

The last game of the autumn term for the Women`s Football team was at home in the third round of the British Colleges Cup against Peter Symonds College. SDC struggled to get into a rhythm in the first half of the game with PSC going two up until SDC managed to get a goal back before the interval courtesy of Emma Johnson`s 16 yard half volley effort which went in off the post.



Women`s Football Academy in action against Peter Symonds

A change of tactics for SDC in the second half saw them playing a more attacking style with a 3-4-3 formation. SDC responded superbly which saw them hit the posts, and only a couple of crucial saves by the PSC goalkeeper kept SDC at bay. Patience from the home side was awarded after Melissa Orme hassled PSC defenders, lobbing the keeper from 20 yards out. With the score at 2-2, both teams had it all to play for. The remainder of the 90 minutes stayed goalless and with the light fading fast, a penalty shootout determined who would progress through. PSC missed their first penalty with SDC taking the advantage however with a late miss from SDC. PSC maintained their success rate leading to SDC`s exit to the competition. The woman of the match was awarded to Emma Johnson for her outstanding goal and for her hard work throughout the game. A tremendous effort so congratulations Emma! Coach`s comment; "A really outstanding second half performance with an unfortunate result, however now we can focus on the semi-final of the County Cup".

Men`s Rugby

Daily Mail Cup vs Whitgift (A): 27 – 24 (L)

Despite the freezing conditions, the Men`s Rugby Academy travelled to Whitgift School for their sixth round Daily Mail cup fixture on Wednesday 12th December. This is the furthest the rugby academy have got in this competition and they faced one of, if not the best independent rugby school in the country. Whitgift have won the Daily Mail Cup on many occasions. Although in many peoples` eyes the SDC team were going into this fixture as the real underdogs, the team were well aware that they had the ability to compete and win a fixture of this level.

SDC did not start well conceding an early try after a substantial period of pressure from Whitgift. Despite this early setback, the team re-grouped and started to put their stamp on the game. Through George Montgomery the team got back into the game with some well taken penalties. Whitgift came back with a couple of penalties of their own but just before half-time, Harry Sperring struck with an opportunistic try seeing the first half finish all square. The second half was a tense battle with an element of luck going against the SDC team. As in the first half, both teams shared a couple of penalties and after being camped on the Whitgift line, the SDC forwards surged forwards with captain Judd Newell crossing the line to see SDC take the lead. Although SDC continued to pile on the pressure, Whitgift scored an intercept try seeing them take the lead. Despite a substantial amount of late frantic attacks from SDC, Whitgift held on to win 27–24.

Considering the numerous things which were stacked against the SDC team, the fact that they were able to produce such a strong performance against one of the best college teams in the UK enabled the team to travel back to Lewes proud of what they had achieved in their cup run. On reflection it could be argued that we were the better team. The coaches were exceptionally proud of all the players. We will use this experience and what we learnt from this fixture to achieve our minimum season aims of winning every competition that we are now left in.

Men`s Football

**County Cup vs St.Bedes (A): 2 – 4 ET (W)
League vs Bexhill (H): 1 – 6 (L)**

After progressing through to the next stages of the Sussex Cup, SDC faced a tough St.Bedes side who have always proved a challenge to beat in the past. Playing against the current Sussex Cup holders, SDC Lewes made a nervous start and withstood a lot of pressure early on from St Bedes. SDC conceded an early goal and went into half time 1-0 down.

The second half proved to be another tough test for SDC but they equalised mid-way through the half with a well taken goal from Dan Perry. Theo Baker then surprised the hosts with a well taken header to put SDC 2 –1 up. SDC totally dominated the 2nd half, yet with only 5 minutes remaining St Bede`s grabbed a sloppy equaliser to make the score 2-2 and take the game into extra time. Despite a host of injuries SDC managed to pull off the unthinkable and scored a further two goals during extra time to knock the cup holders out of the County Cup. The man of the match was awarded to Dan Perry, for his first goal and performance from start to finish, congratulations Dan! SDC now face Beacon in the quarter final.



Men`s Football Team

After the previous week`s success in the County Cup, SDC hoped to maintain their winning run when they faced Bexhill at home. With the game kicking off, Bexhill immediately showed their intent by some direct play but SDC kept a steady foot in the game by keeping some of their own possession. The remainder of the first half saw SDC concede three goals, although they did manage to pull one back before the break. In the second half it was difficult for SDC to keep a hold of the game with Bexhill pressurising and further adding to the score with another three goals. In the end, the home side took their first league defeat of the season losing 1-6.



Men`s football team taking a late free-kick

Women`s Netball

2nd Team vs Collyers (H): 26 – 18 (W)

The second team hosted their last game before the Christmas break to Collyers at Wave Leisure. This was a great opportunity to end the second term on a high for the team who have only suffered one defeat since the beginning of September. SDC started off as the slower side in the first quarter with Collyers creating some good opportunities. However SDC started to get a foothold into the game with confident play in the centre feeding the goal shooters with great thought and vision. After the slow start, SDC had the majority of possession but occasionally Collyers played some great netball of their own on the counter attack.

In the end it was still not enough, for it was the home side who combined really well, executing their passes for impeccable shooting courtesy of Amy, Ann and Kerri. The player of the match is awarded to Ann-Grace Fogerty for her great drives into the shooting circle, leading to some exceptional shots on goal. Well done Ann!